



103 S Garden Ave
Clearwater FL, 33756

Curbside Pickup Available

Mon – Sat 7 AM – 7 PM
Sun 7:30 AM – 2 PM



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@clublivinghealthy



Club Living Healthy



Yelp



(727) 400-6840
(727) 415-1144 (text)

ENERGY DRINKS

1. ENERGETIC BEAUTY

45 Cal, 0 Sugar & 75 mg Caffeine

2. MEGA TEA

50 Cal, 6g Fiber, 1g Sugar & 75mg Caffeine

3. PINEAPPLE RUSH

15 Cal, 0 Sugar & 75mg Caffeine

4. RISE AND SHINE

135 Cal, 12g Sugar & 125mg Caffeine

5. WORKOUT BLAST

90 Cal, 0 Sugar, 100 mg Caffeine & 10g Carbs



5

REFRESHING DRINKS

6. BEAUTY DREAM

45 Cal & 0 Sugar

7. SUPER DIGESTIVE

80 Cal, 1g Protein, 12g Carbs, 3g Sugar, 7g Fiber
& 1 Billion Probiotics

8. MURASAKI

80 Cal, 15g Protein, 3g Carbs, 0g Sugar
& 1 Billion Probiotics

9. HORCHATA

65 Cal, 15g Protein, 0 Sugar & 85 mg Caffeine

10. MANGO BLAST

90 Cal, 17g Protein & 0 Sugar

11. RELAXING ICED TEA

45 Cal, 0 Sugar & 0g Carbs



10

SHAKE SPECIALITIES

12. BANANA CHAI

205 Cal, 24g Protein & 9g Sugar

13. BANANA PEANUT

200 Cal, 24g Protein & 9g Sugar

14. CREAMY CHAI

205 Cal, 24g Protein & 9g Sugar

15. BLUE MAMBA

205 Cal, 24g Protein & 9g Sugar

16. STRAWBERRY CHEESECAKE

215 Cal, 24g Protein 9g Sugar & 75mg
Caffeine



17

COFFEE (Hot or Cold)

17. CAPPUCCINO

200 Cal, 27g Protein & 6g Sugar

18. CARAMEL COFFEE

145 Cal, 19g Protein & 7g Sugar

19. CHAI COFFEE

160 Cal, 22g Protein & 1g Sugar

20. FAT BURNING COFFEE

160 Cal, 15g Protein & 1g Sugar



21

POPPING BOBA



YUMMY FOOD

21. DONUT

155 Cal, 9g Protein & 6g Carbs



22. PANCAKE

310 Cal, 18g Protein & 12g Carbs

23. WAFFLE

622 Cal, 36g Protein & 24g Carbs

Toppings (3)

- Almonds
- Cherries
- Chocolate Chips
- Chocolate Syrup
- Coconut Flakes
- Cranberries
- Walnuts
- Whip Cream



POPPING BOBA

B1. CHERRY LIME

45 Cal, 2g Protein, 8g Sugar & 75mg Caffeine



B1

B2. ENERGETIC BEAUTY

110 Cal, 17g Protein & 9g Sugar



B3

B3. ICED MOCHA

190 Cal, 15 Protein, 8g Sug & 75mg Caff

B4. ICED LATTE

190 Cal, 15g Protein, 7g Sugar & 80mg Caffeine

B5. MANGO BLAST

110 Cal, 17g Protein and 0g Sugar

SHAKE

MIX AND MATCH YOUR FLAVORS

200 Cal, 24g Protein & 17g Carbs

Step 1: Select Main Flavor:

- Vanilla
- Chocolate
- Peanut

Step 2: Select 1 or 2 Add-On:

- S1. Banana Caramel
- S2. Café Latte
- S3. Cookies and Cream
- S4. Dark Chocolate Coconut
- S5. Dulce de leche
- S6. Dutch Chocolate
- S7. French Vanilla
- S8. Mango Pineapple
- S9. Mint Chocolate
- S10. Orange Cream
- S11. Piña Colada
- S12. Pralines and Cream
- S13. Strawberry Cheesecake
- S14. Wild Berry



S14



S6

VEGAN SHAKE

CLASSIC OR CHOCOLATE

130 Cal, 20g Protein & 0g Sugar

Plant-based protein shake, vegan & vegetarian

- Digestive Support
- Greens Booster
- Immune Support



CREATE YOUR OWN COMBO

ONE **SHAKE** + ONE **TEA** + ONE **ALOE**
with **ADD-ON** - See Price List

TEA

HOT OR COLD

5 Cal, 40-85mg Caffeine & Antioxidants

- Chai
- Cinnamon
- Green Tea
- Lemon
- Original (no flavor)
- Peach
- Raspberry
- Energy Guarana



ALOE

YOUR FLAVOR

- Cranberry
- Mandarin
- Mango
- Original (no flavor)

ADD-ONS

LIFTOFF (Energy Boosters)

- Pomegranate
- Tropical Fruit
- Orange
- 24 Blackberry
- 24 Pineapple
- Lime



FIBER - COLLAGEN - PROBIOTICS

- **Fiber** Apple
- **Fiber** Tropical Twist
- **Collagen** Strawberry Lemonade
- **Probiotics** (Not flavored)





SUMMER MENU



Mango Protein bowl

33g Protein, 51g Carbs (6 g of fiber, 26g sugar),
325 Calories



Acai Protein Bowl

43g Protein, 41g Carbs (15g of fiber, 24 g sugar),
480 Calories



Vegan Protein Bowl

46g Protein, 28g Carbs (17 g fiber, 12g
sugar), 400 Calories





SUMMER MENU

*time to
hydrate*



Shaved/Crushed Ice

